

We've selected some Healthier Options for you in this Menu. Be sure to visit our Website at www.babeshotdogs.com for our full Menu.

SOUP (Served Seasonal in Fall and Winter Months)

Babes offers 4 soup choices Daily. Our Healthy Choice is.
Vegetarian Minestrone (Wednesdays only during Fall/winter/Winter)

BABES CREATE-A-SALAD...\$12.79

Create the Perfect Salad for you!

Choose Your Fresh Greens

Romaine • Spring Mix • Spinach • Iceberg

Add your favorite Ingredients

Veggies

Tomatoes
Radish
Cucumber
Mushrooms
Asparagus spears
Pepperoncini Peppers
Roasted Red Pepper
Green Bell Pepper
Red or Green Onion

Extras (50¢ extra)

Pecans
Toasted Almonds
Cranberries
Apples

Misc.

Hard Boiled Egg
Mandarin Oranges
Red Grapes
Black Bean Corn Salsa
Black Olives
Pasta
Bacon Bits

Meat (Choose 1)

Grilled Chicken
Buffalo Chicken
Roast Beef
Taco Meat
Turkey
Ham

Cheese (Choose 1)

Cheddar
Bleu Cheese
Swiss
Feta
Parmesan
Mozzarella

Extra Meat

Add **\$2.25**
Steak Add **\$3.00**

Choose Your Dressing

Babes offers a variety of salad dressings. Our Healthier Choices are listed below.

Zesty Italian
Fat Free Ranch
Fat Free Italian

Balsamic Vinaigrette
Fat Free Raspberry Vinaigrette

Your Choice.... Tossed or Chopped!

Prices subject to change without notice 2/26

BABES SIGNATURE SALADS

Babes offers a variety of Signature Salads. Our Healthier Choices are listed below. Visit our website for a list of all of our Salads.

BABE'S CHOPPED SALAD- chopped iceberg and romaine lettuce, diced chicken, real bacon, scallions, pasta shells, tomato & bleu cheese crumbles. Served with your favorite dressing on the side...\$12.79

APPLE PECAN CHICKEN SALAD- romaine & iceberg lettuce, pecans, apples, dried cranberries, bleu cheese, tomatoes, diced chicken. Served with raspberry vinaigrette dressing on the side....\$12.79

FRUITY HAWAIIAN SALAD- spring mix, diced grilled chicken, cucumbers, red onions, tomatoes, red grapes, Mandarin oranges & toasted almonds. Served with fat free raspberry vinaigrette dressing on the side...\$12.79

CHEF SALAD- iceberg and romaine lettuce blend, ham, turkey, Swiss cheese, tomatoes, cucumbers and hard boiled egg. Served with your favorite dressing on the side...12.79

CHICKEN SALAD- diced chicken fingers, iceberg and romaine lettuce blend, tomatoes, cucumbers, carrots and radish. Served with your favorite dressing on the side...\$12.79

GARDEN SALAD- iceberg and romaine lettuce blend, tomatoes, cucumbers, carrots and radish. Served with your favorite dressing on the side...\$9.69

GARDEN SIDE SALAD- iceberg and romaine lettuce blend, tomatoes, cucumbers, carrots and radish. Served with your favorite dressing...\$5.69
add meat to side salad: \$1.00, add cheese to side salad: .60

All Salads are "made to order"

BABES SIGNATURE COLD WRAPS

SOUTHWEST TURKEY- Slow roasted Cajun turkey breast with black bean corn salsa, roasted red peppers & scallions wrapped in a chipotle tortilla with ancho chipotle sauce....\$12.79

CLUBHOUSE-Sliced ham, turkey, bacon, American, Swiss cheese, lettuce, tomato, on your choice flour or honey wheat tortilla with mayonnaise.....\$12.79

TOTALLY TUNA-Albacore tuna salad with lettuce, red onion, tomato, cucumber on your choice flour or honey wheat tortilla \$12.79

VEGETARIAN-Romaine lettuce, guacamole, tomato, cucumber, carrots and red onion drizzled with balsamic vinaigrette dressing rolled in a spinach tortilla.....\$11.79



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Healthy Eating

BABES SIGNATURE HOT WRAPS

STEAK FAJITA-Seasoned tender grilled steak, sautéed onions, bell peppers, cheddar cheese, tomato, guacamole, sour cream and salsa wrapped in a steamed chipotle tortilla.....\$12.79

GRILLED CHICKEN FAJITA-tender grilled chicken breast strips, sautéed onions, bell peppers, cheddar cheese, tomato, guacamole, sour cream and salsa wrapped in a steamed chipotle tortilla.....\$12.79

CHIPOTLE CHICKEN- tender grilled chicken strips, cheddar cheese, bacon, lettuce, tomato, cucumber and scallions wrapped in a steamed chipotle wrap with ancho chipotle sauce.....\$12.79

BLTC-Bacon, lettuce, tomato and cheddar cheese. Your choice of flour or honey wheat tortilla with mayonnaise.....\$12.79

BABES CREATE-A-WRAP...\$12.79

Choose Your Wrap

Honey Wheat • Jalapeno Cheddar • Spinach • Flour • Garlic

Choose Your Sauce

Chipotle Salsa
Mayo Horseradish Dijon
Ranch Buffalo

Choose any one meat

Ham Grilled Chicken
Turkey Roast Beef
Tuna Steak **\$3 extra**
Extra meatadd \$2.25

Choose any one Cheese

American • Swiss • Shredded Cheddar • Mozzarella
Warm Melted Cheddar • Feta • Parmesan • Bleu cheese

Choose Your veggies

Asparagus	Pepperoncini
Carrot	Radish
Cucumber	Red Onion
Green Pepper	Green Onion
Roasted Red Pepper	Tomato
Mushrooms	
Black Olives	

GRILLED CHICKEN SANDWICH.....\$6.79

Tender, juicy chicken breast served on your choice of white or wheat Kaiser roll

TUNA SALAD SANDWICH.....\$7.49

Babe's® Healthy Choices



**2600 W. Jefferson St.
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www.BabesHotDogs.com
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